



July 2024 Menu Selections



	<i>MONDAY, July 1</i>	<i>TUESDAY, July 2</i>	<i>WEDNESDAY, July 3</i>	<i>THURSDAY, July 4</i>	<i>FRIDAY, July 5</i>	<i>SATURDAY, July 6</i>
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Cinnamon Oatmeal Buttermilk Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Pork Sausage Links	Cinnamon Oatmeal Egg & Sausage Bake Corn Muffin	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Crispy Bacon
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Honey Mustard Chicken Parslied Potatoes Creamed Spinach Baked Tilapia Dessert: Pound Cake	Chicken Francaise O'Brien Potatoes Italian Blend Manicotti in Marinara Dessert: Coconut Cream Pie	Herbed Pork Loin Baked Potato Green Beans Oregano Chef Salad Bowl Dessert: Rice Pudding	4th of July Lunch Country Style BBQ Ribs Cheeseburger Potato Salad Mac-Coleslaw Salad Corn on the Cob Dessert: 4th of July Cupcakes Watermelon	Seafood Newburg Fluffy Rice Seasoned Broccoli Turkey & Cheese Sandwich Dessert: Pumpkin pie	Lemon Pepper Pollock Buttered Orzo Glazed Carrots Chicken Salad on Bun Dessert: Poke Cake
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	Soup: Corn Chowder Macaroni & Cheese Seasoned Broccoli Grilled Bratwurst Potato Pancakes Dessert: Fruit Cocktail	Soup: Garden Vegetable Chicken Tenders French Fries Capri Blend Crab Cakes Dessert: Pineapple	Soup: Cream of Potato Fish & Chips Coleslaw Personal Cheese Pizza Parslied Carrots Dessert: Mandarin Oranges	Soup: Tomato Rice Salisbury Steak & Gravy Mashed Potatoes Succotash Grilled Cheese & Tomato Dessert: Peaches	Soup: French Onion Sweet & Sour Pineapple Chicken Herbed Rice Roast Beef Wrap Carrot Raisin Salad Dessert: Assorted Gelatin Cup	Soup: Minestrone Swedish Meatballs Egg Noodles Italian Blend Chicken Nuggets Tater Tots Dessert: Diced Pears



July 2024 Menu Selections



SUNDAY, July 7	MONDAY, July 8	TUESDAY, July 9	WEDNESDAY, July 10	THURSDAY, July 11	FRIDAY, July 12	SATURDAY, July 13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs with Cheese Toasted English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Cinnamon Coffee Cake	Grits French Toast Pork Sausage Links	Maple Sugar Oatmeal Egg & Cheese on a Biscuit	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheesy Baked Ziti Peas & Onions Veal & Rice Dessert: Chocolate Chip Cookies	BBQ Chicken Leg Macaroni Salad Green Beans & Pimento Stuffed Manicotti Dessert: Pumpkin Pie	Chicken Parm Buttered Spaghetti Italian Blend Crab Cake French Fries Dessert: Brownie	Roast Turkey & Gravy Garlic Mashed Potatoes Cream Style Corn Eggplant Parm on Bun Dessert: Apple Pie	Meatloaf & Mushroom Gravy Scalloped Potatoes Seasoned Broccoli Cheese Quiche Dessert: Tapioca Pudding	Lemon Pepper Pollock Cilantro Rice Prince Edward Blend Open Face Reuben Dessert: Pound Cake	Chicken Supreme Rice Pilaf Italian Green Beans Breaded Cod Mashed Potatoes Dessert: Mandarin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Pasta Fagioli Italian Sausage with Peppers & Onions Oven Browned Potatoes California Blend Egg Salad on Wheat Beet & Onion Salad Dessert: Rosy Applesauce	Soup: Lobster Bisque Hot Dog on Bun Baked Beans Mushroom Swiss Burger Dessert: Ambrosia	Soup: Chicken orzo Cheese Pizza Seasoned Carrots Chicken Caesar Salad Dessert: Melon Cubes	Soup: Navy Bean & Ham Arroz Con Pollo California Blend Tuna Salad on Wheat Dessert: Pineapple	Soup: Tomato Rice BBQ Riblette Dill Potato Salad Herbed Green Beans Vegetable Lasagna Dessert: Peaches	Soup: Pasta Fagioli Cheese Tortellini Alfredo Glazed Baby Carrots Teriyaki Meatballs Fluffy Rice Dessert: Assorted Gelatin Cup	Soup: Cream of Mushroom Crab Mac & Cheese Garden Salad Kielbasa & Sauerkraut Pierogi Dessert: Sugar Cookies



July 2024 Menu Selections



SUNDAY, July 14	MONDAY, July 15	TUESDAY, July 16	WEDNESDAY, July 17	THURSDAY, July 18	FRIDAY, July 19	SATURDAY, July 20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheese Omelet Toasted English Muffin	Cinnamon Oatmeal Buttermilk Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Pork Sausage Links	Cinnamon Oatmeal Egg & Sausage Bake Blueberry Muffin	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Sloppy Joe on Bun California Blend Ham Salad on White Creamy Cucumber Salad Dessert Diced Pears	Baked Pork Chop Baked Sweet Potato Seasoned Broccoli Grilled Cheese & Tomato Dessert: Butterscotch Pudding	Cheese Pizza Garden Salad Salisbury Steak Mashed Potatoes Cream Style Corn Dessert: Marble Cake	Meatloaf Chive mashed Potatoes California Blend Honey BBQ Chicken Wings Tater Tots Dessert: Chocolate Pudding	Cheese Lasagna Rollup Parslied Carrots Country Steak & Gravy Mashed Potatoes Dessert: Lemon Meringue Pie	Chicken Rice Casserole Seasoned Green Beans Ham Salad on Wheat Coleslaw Dessert: Sugar Cookies	Veal Piccata Rice Pilaf Brussels Sprouts Cheese Quiche Dessert: Boston Cream Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Egg Drop Chicken Stir Fry Sesame Brown Rice Asian Vegetables Beef Ravioli Dessert: Pineapple Upside down cake	Soup: Chicken Noodle Soup Cheeseburger French Fries Baked Beans Hot Dog on Bun Dessert: Diced Peaches	Soup: Vegetable Chicken Divan Casserole Italian Blend Tuna salad on Wheat Dessert: Pineapple	Soup: Mushroom Barley Cheese Ravioli Peas & Carrots Fish Sticks French Fries Dessert: Fruit Cocktail	Soup: Broccoli Cheddar Turkey Salad on White Beet & Onion Salad Mushroom Quiche Dessert: Diced Pears	Soup: Split Pea Baked Lemon Tilapia Brown Rice Stewed Tomatoes Egg Salad on White Dessert: Tropical Fruit	Soup: Cream of Potato Mac & Cheese Seasoned Broccoli Kielbasa & Sauerkraut Pierogi Dessert: Cinnamon Applesauce



July 2024 Menu Selections



<i>SUNDAY, July 21</i>	<i>MONDAY, July 22</i>	<i>TUESDAY, July 23</i>	<i>WEDNESDAY, July 24</i>	<i>THURSDAY, July 25</i>	<i>FRIDAY, July 26</i>	<i>SATURDAY, July 27</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Egg & Cheese Toasted English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Cinnamon Coffee Cake	Grits French Toast Pork Sausage Links	Maple Sugar Oatmeal Egg & Cheese on a Biscuit	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Meatball Sub Capri Blend Breaded Cod Herb Seasoned Orzo Dessert: Brownie	Chicken Adobo Jasmine Rice Seasoned Green Beans Cheese Ravioli Dessert: Mandarin Oranges	Baked Ham Sweet Potato Casserole Savory Carrots Crab Cakes French Fries Dessert: Vanilla Pudding	Garlic & Sage Chicken Leg Angel Hair Pasta Winter Blend Eggplant Parm Dessert: Pumpkin Pie	Sloppy Joe on a Bun Capri Blend Chicken Salad on Wheat Beet & Onion Salad Dessert: Poke cake	Seafood Croquettes Fluffy Rice Prince Edward Veg Open Face Reuben Dessert: Lemon Meringue Pie	Pulled Pork on a Bun Seasoned Broccoli Grilled Cheese on Wheat Dessert: Chocolate Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Egg Drop Soup Sweet & Sour Pork Fluffy Rice California Blend Chef Salad Bowl Dessert: Assorted Gelatin	Soup: Turkey Rice Italian Sausage with Peppers & Onions Rosemary Garlic Potatoes Italian Blend Tuna Melt Dessert: Strawberry Pie	Soup: Beef Barley Stuffed Shells Broccoli Normandy Garlic Bread BBQ Riblette on Bun Dessert: Diced Pears	Soup: Italian Wedding Tuna Noodle Casserole Peas & Mushrooms Ham Salad on Wheat Cucumber Dill Salad Dessert: Fresh Cantaloupe	Soup: Chicken Noodle Cheese Pizza Caesar Salad Egg salad on White Dessert: Pineapple	Soup: Lobster Bisque Philly Cheese Steak Sub Seasoned Carrots Popcorn Chicken Tater Tots Dessert: Cinnamon Applesauce	Soup: Tomato Rice Penne with Meat Sauce Italian Blend Turkey Burger Dessert: Ambrosia



July 2024 Menu Selections



<i>SUNDAY, July 28</i>	<i>MONDAY, July 29</i>	<i>TUESDAY, July 30</i>	<i>WEDNESDAY, July 31</i>			
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST			
Cream of Wheat Scrambled Eggs Toasted English Muffin	Cinnamon Oatmeal Buttermilk Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Pork Sausage Links			
LUNCH	LUNCH	LUNCH	LUNCH			
Chili with Beans Fluffy Rice Italian Green Beans Cheese Lasagna Rollup Dessert: Apple Pie	Honey Mustard Chicken Parslied Potatoes Creamed Spinach Baked Tilapia Dessert: Pound Cake	Chicken Francaise O'Brien Potatoes Italian Blend Manicotti in Marinara Dessert: Coconut Cream Pie	Herbed Pork Loin Baked Potato Green Beans Oregano Chef Salad Bowl Dessert: Rice Pudding			
DINNER	DINNER	DINNER	DINNER			
Soup: Cream of Mushroom Chicken Burger on Bun Herbed Green Beans Franks & Beans Dessert: Peaches	Soup: Corn Chowder Macaroni & Cheese Seasoned Broccoli Grilled Bratwurst Potato Pancakes Dessert: Fruit Cocktail	Soup: Garden Vegetable Chicken Tenders French Fries Capri Blend Crab Cakes Dessert: Pineapple	Soup: Cream of Potato Fish & Chips Coleslaw Personal Cheese Pizza Parslied Carrots Dessert: Mandarin Oranges			