



July 2024 Menu Selections



	MONDAY, July 1	TUESDAY, July 2	WEDNESDAY, July 3	THURSDAY, July 4	FRIDAY, July 5	SATURDAY, July 6
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Cinnamon Oatmeal Turkey Sausage Links Pancakes	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Sausage Link	Cinnamon Oatmeal Egg & Sausage Bake Corn Muffin	Cream of Wheat Scrambled Eggs Bacon	Oatmeal Waffle Bacon
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Honey Mustard Chicken Parslied Potatoes Creamed Spinach Baked Tilapia Dessert: Pound Cake	Chicken Francaise O'Brien Potatoes Italian Vegetable Blend Manicotti in Sauce Dessert: Coconut Cream Pie	Herbed Pork Loin Baked Potato Green Beans Oregano Chef Salad Bowl Dessert: Rice Pudding	Country Style Boneless Ribs Potato Salad Corn on the Cob Cheeseburger Macaroni Coleslaw Salad Dessert: 4th of July Cupcake	Seafood Newburg Fluffy Rice Seasoned Broccoli Florets Turkey & Cheese Sandwich Dessert: Pumpkin Pie	Lemon Pepper Pollock Buttered Orzo Pasta Glazed Carrots Chicken Salad on a Bun Dessert: Poke Cake
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	Soup: Corn Chowder Macaroni & Cheese Seasoned Broccoli Florets Grilled Bratwurst Potato Pancake Dessert: Chilled Fruit Cocktail	Soup: Garden Vegetable Soup Chicken Tenders French Fries Capri Blend Vegetables Crab Cake Dessert: Chilled Pineapple	Soup: Cream of Potato Soup Fish & Chips Coleslaw Personal Cheese Pizza Parslied Carrots Dessert: Chilled Mandarin Oranges	Soup: Tomato & Rice Soup Salisbury Steak & Gravy Mashed Potatoes Succotash Grilled Cheese w/Tomato Dessert: Chilled Peaches	Soup: French Onion Soup Sweet & Sour Pineapple Chicken Herbed Rice Peas Tuna Salad Sandwich Carrot Raisin Salad Dessert: Assorted Gelatin Cup	Soup: Minestrone Soup Swedish Meatballs Egg Noodles Italian Vegetable Blend Chicken Nuggets Tater Tots Dessert: Chilled Diced Pears



July 2024 Menu Selections



SUNDAY, July 7	MONDAY, July 8	TUESDAY, July 9	WEDNESDAY, July 10	THURSDAY, July 11	FRIDAY, July 12	SATURDAY, July 13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs & Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Cinnamon Coffee Cake	Grits French Toast Sausage Links	Cream of Rice Egg & Cheese Biscuit	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheesy Baked Ziti Peas & Onions	BBQ Chicken Drumsticks Cornbread Stuffing Green Beans	Parmesan Chicken Buttered Spaghetti Italian Vegetable Blend	Roast Turkey & Gravy Garlic Mashed Potatoes Cream Style Corn	<u>Meatloaf w/Mushroom Gravy</u> Scalloped Potatoes Seasoned Broccoli Florets	Lemon Pepper Pollock Cilantro Rice Prince Edward Blend	Chicken Supreme Rice Pilaf Italian Green Beans
Veal & Rice	Manicotti in Sauce	Crab Cake French Fries	Eggplant Parm on a Bun	Cheese Quiche	Rueben Sandwich	Breaded Cod Mashed Potatoes
Dessert: Chocolate Chip Cookies	Dessert: Ambrosia	Dessert: Honeydew & Cantaloupe	Dessert: Chilled Pineapple	Dessert: Chilled Peaches	Dessert: Assorted Gelatin Cup	Dessert: Sugar Cookies
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Pasta Fagioli Soup	Soup: Lobster Bisque	Soup: Chicken Orzo Soup	Soup: Navy Bean Soup w/Ham	Soup: Tomato & Rice Soup	Soup: Pasta Fagioli Soup	Soup: Cream of Mushroom Soup
Italian Sausage Peppers & Onions Oven-Browned Potatoes California Blend Vegetables	Hotdog on a Bun Baked Beans	Cheese Pizza Seasoned Carrots	Arroz con Pollo California Blend Vegetables	BBQ Riblet on a Bun Sweet Potato Fries Herbed Green Beans	Cheese Tortellini Alfredo Glazed Baby Carrots	Crab Mac & Cheese Lettuce & Tomato Salad
Egg Salad Sandwich Beet & Onion Salad	Mushroom Swiss Burger	Chicken Caesar Salad	Tuna Salad Sandwich	Vegetable Lasagna	Teriyaki Meatballs Fluffy Rice	Kielbasa & Sauerkraut Potato & Cheese Pierogi
Dessert: Rosy Applesauce	Dessert: Ambrosia	Dessert: Chilled Pineapple	Dessert: Chilled Pineapple	Dessert: Chilled Peaches	Dessert: Assorted Gelatin Cup	Dessert: Sugar Cookies



July 2024 Menu Selections



SUNDAY, July 14	MONDAY, July 15	TUESDAY, July 16	WEDNESDAY, July 17	THURSDAY, July 18	FRIDAY, July 19	SATURDAY, July 20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheddar Cheese Omelet English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Hash Browns	Cream of Rice French Toast Sausage Links	Maple Sugar Oatmeal Egg & Sausage Bake Blueberry Muffin	Cream of Wheat Scrambled Eggs Toasted Bagel	Grits Waffles Bacon Strips
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Sloppy Joe on a Bun California Blend Vegetables Ham Salad Sandwich Creamy Cucumber Salad Dessert: Chilled Diced Pears	Baked Pork Chop Baked Sweet Potato Seasoned Broccoli Florets Grilled Cheese w/Tomato Dessert: Butterscotch Pudding	Cheese Pizza Garden Salad Salisbury Steak w/Gravy Mashed Potatoes Cream Style Corn Dessert: Chilled Pineapple	Hot Dog on a Bun Baked Beans Tater Tots Honey BBQ Chicken Wings Dessert: Chocolate Pudding	Cheese Lasagna Rollup Parslied Carrots Country Steak w/Gravy Mashed Potatoes Dessert: Lemon Meringue Pie	Chicken Rice Casserole Seasoned Green Beans Ham Salad Sandwich Coleslaw Dessert: Sugar Cookies	Veal Piccata Rice Pilaf Brussels Sprouts Cheese Quiche Dessert: Boston Cream Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Egg Drop Soup Chicken Stir-Fry Sesame Brown Rice Asian Vegetables Beef Ravioli w/Marinara Dessert: Pineapple Upside-down Cake	Soup: Chicken Noodle Soup Cheeseburger French Fries Baked Beans Hot Dog on a Bun Dessert: Diced Peaches	Soup: Vegetable Soup Chicken Divan Casserole Fluffy Rice Tuna Salad Sandwich Dessert: Chilled Pineapple	Soup: Mushroom Barley Soup Cheese Ravioli & Sauce Peas & Carrots Fish Sticks French Fries Dessert: Chilled Fruit Cocktail	Soup: Broccoli Cheddar Soup Turkey Salad Sandwich Beet & Onion Salad Mushroom Quiche Dessert: Chilled Diced Pears	Soup: Split Pea Soup Baked Lemon Tilapia Brown Rice Stewed Tomatoes Egg Salad Sandwich Dessert: Tropical Fruit Cup	Soup: Cream of Potato Soup Macaroni & Cheese Seasoned Broccoli Florets Kielbasa & Sauerkraut Potato & Cheese Pierogi Dessert: Cinnamon Applesauce

Week of July 14 - 20, 2024



July 2024 Menu Selections



SUNDAY, July 21	MONDAY, July 22	TUESDAY, July 23	WEDNESDAY, July 24	THURSDAY, July 25	FRIDAY, July 26	SATURDAY, July 27
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs w/Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Cinnamon Coffee Cake	Grits French Toast Sausage Links	Maple Sugar Oatmeal Egg & Cheese Biscuit	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Meatball Sub California Blend Vegetables Breaded Cod Herb Seasoned Orzo Pasta Dessert: Brownie	Chicken Adobo Jasmine Rice Seasoned Green Beans Cheese Ravioli w/Sauce Dessert: Chilled Mandarin Oranges	Baked Ham Sweet Potato Casserole Crab Cake French Fries Savory Carrots Dessert: Vanilla Pudding	Garlic Sage Chicken Thighs Angel Hair Pasta Winter Blend Vegetables Eggplant Parmesan Dessert: Pumpkin Pies	Sloppy Joe on a Bun Capri Blend Vegetables Chicken Salad Sandwich Beat & Onion Salad Dessert: Poke Cake	Seafood Croquettes Fluffy Rice Prince Edward Blend Open Face Rueben Dessert: Lemon Meringue Pie	Pulled Pork on a Bun Seasoned Broccoli Florets Turkey Burger Dessert: Chocolate Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Egg Drop Soup Sweet & Sour Pork Fluffy Rice California Blend Vegetables Chef Salad Bowl Dessert: Assorted Gelatin Cup	Soup: Turkey Rice Soup Italian Sausage Peppers & Onions Rosemary Garlic Potatoes Italian Vegetable Blend Tuna Melt Dessert: Strawberry Cream Pie	Soup: Beef Barley Soup Stuffed Shells w/Sauce Broccoli Normandy Garlic Bread BBQ Riblette on a Bun Dessert: Chilled Diced Pears	Soup: Italian Wedding Soup Tuna Noodle Casserole Peas & Mushrooms Ham Salad Sandwich Cucumber Dill Salad Dessert: Fresh Cantaloupe	Soup: Chicken Noodle Soup Cheese Pizza Caesar Salad Egg Salad Sandwich Dessert: Chilled Pineapple	Soup: Lobster Bisque Philly Cheese Steak Seasoned Carrots Popcorn Chicken Tate Tots Dessert: Cinnamon Applesauce	Soup: Tomato & Rice Soup Penne Pasta w/Meat Sauce Italian Vegetable Blend Turkey Burger Dessert: Ambrosia



July 2024 Menu Selections



SUNDAY, July 28	MONDAY, July 29	TUESDAY, July 30	Wednesday, July 31			
BREAKFAST	BREAKFAST	BREAKFAST				
Cream of Wheat Scrambled Eggs English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Sausage Links			
LUNCH	LUNCH	LUNCH				
Chili w/Beans Fluffy Rice Italian Green Beans Cheese Lasagna Rollup Dessert: Apple Pie	Honey Mustard Chicken Parslied Potatoes Creamed Spinach Baked Tilapia Dessert: Pound Cake	Chicken Francaise O'Brien Potatoes Italian Vegetable Blend Manicotti in Sauce Dessert: Coconut Cream Pie	Herbed Pork Loin Baked Potato Green Beans Oregano Chef Salad Bowl Dessert: Rice Pudding			
DINNER	DINNER	DINNER				
Soup: Cream of Mushroom Soup Chicken Burger on a Bun Herbed Green Beans Frank & Beans Dessert: Chilled Peaches	Soup: Corn Chowder Honey Mustard Chicken Parslied Potatoes Creamed Spinach Grilled Bratwurst Potato Pancake Dessert: Chilled Fruit Cocktail	Soup: Garden Vegetable Soup Chicken Tenders French Fries Capri Blend Vegetables Crab Cake Dessert: Chilled Pineapple	Soup: Cream of Potato Soup Fish & Chips Coleslaw Personal Cheese Pizza Parslied Carrots Dessert: Chilled Mandarin Oranges			